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#### THE RISING SUN, CHATSWORTH, MARCH 17, 2020



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0745490245 Website: www.risingsunchatsworth.co.za VOL. 34 NO. 12 17 MARCH 2020 Tel. 031- 4598300 No arrests in fatal Shallcross drive-by shooting

A brazen drive-by shooting, on Alpine Street in Shallcross, which claimed the lives of 38year-old Devendren Lionel Pillay, the son of suspected drug kingpin, Yaganathan Pillay, aka Teddy Mafia, and mother of two, 34year-old Claudene Rampersad, on Thursday night, is being probed by Chatsworth police, who are working around the clock to track down the perpetrators.

Rampersad was hit by two of the bullets, which her family believe were aimed at Pillay, while the childhood friends chatted outside her home on the fateful night. While Pillay's family are baffled as to who would want him dead, the Rampersad family believe that their loved one was at the wrong place at the wrong time when the drive-by shooting occurred

Her distraught husband, Ashley Rampersad (31) told the Rising Sun that his wife died in his arms. He described the ordeal as horrific, especially since she was shot in front of their teenage son, who was a few metres away from his mother.

"I was relaxing inside the house when I heard gunshots. I rushed to the pavement where my wife was. She was lying flat on the ground. She was bleeding. I held her in my arms and she stopped breathing. Lionel was also lying

shared that their brother, a trucking company owner, was one of their most loved family members and described him as a gentle giant. "He would always tell us not to do wrong things and was a non-violent type of a person. He loved collectable racing cars, chocolate and ice-cream. He loved spending time with his nieces and nephews. He is survived by his daughter, among a host of family and friends," they

said. Provincial police spokeswoman, Col Thembeka Mbele, confirmed that charges of murder are being investigated at Chatsworth SAPS. "Two people succumbed to their injuries at local hospitals following a driveby shooting in Shallcross. It is alleged that on Thursday, at about 9pm, a group of people were standing along the pavement on Alpine Drive, in Shallcross, when a vehicle drove past them. The occupants began firing at the people, hitting a female and a male. Both victims, aged 35 and 38, were transported via private vehicles to two hospitals," added Col

Mbele. Chatsworth police were on high alert and intensified police patrols following the shooting and have slammed the circulation of several videos, which circulated on social media platforms showing a hail of bullets during a funeral. They confirmed that the videos are old and are not that of the funeral of Pillay, who was laid to rest on Saturday. Communications officer of Chatsworth SAPS, Cpt Cheryl Pillay, reiterated that the videos did not take place at the funeral and neither did it happen on the day of the funeral. "Police had a contingency plan for public safety at the funeral and monitored the area. There were no incidents of shooting in Shallcross or the neighbouring areas. The videos of people shooting are from different inci-



Devendren Lionel Pillay died following the drive-by shooting.

dents which were previously investigated by police. A case of reckless and negligent driving is being addressed by the Metro Police," added Cpt Pillay.

She continued, "In terms of the Firearms Control Act of 2000, the discharging of a firearm



Mother of two, Claudene Rampersad, was also killed

in a public place is a criminal offence. Police are warning the public that anyone, who transgressors against the law, will be arrested and placed before the criminal justice system." She also confirmed that no arrests have been made regarding the murders.



Close family and friends of Devendren Lionel Pillay at his funeral service.

Disaster declared as government implements steps to control spread of COVID-19

on the ground near her," he said. Rampersad explained that his 17year-old son was standing near his mother but managed to hide behind a van he was standing near and did not sustain any injuries. "Our 10-year-old daughter was standing outside in the yard while the bullets flew over her and into the roof of the belowroad-level home. Both my children will undergo trauma counselling as they battle to sleep

after the shooting," he said. Pillay's sisters, Terrisa Chunder (27) and Theolene Naidoo (36)

CHATSWORTH PAWN BROKERS

Amid the coronavirus epidemic in South Africa, which has been declared as a national state of disaster by President Cyril Ramaphosa during his address to the nation on Sunday night, the country's citizens are being urged to not be overwhelmed by fear but rather adhere to the necessary precautions to combat the spread of COVID-19.

The president apologised for the late start and explained that they needed to conduct key stakeholder consultations before officially commencing with the critical address. "Fellow South Africans, I am addressing you this evening on a matter of great national importance. The world is facing a medical emergency far graver than what we have experienced in over a century," he started off by saying. As of March 15, SA had more than 60 confirmed cases of the virus. This number is expected to

rise in the coming days and weeks. After declaring a national state of disaster, the

president reassured South Africans that this will enable the government to have an integrated and co-ordinated disaster management mechanism that will focus on preventing and reducing the outbreak of the virus.

'We will also be able to set up emergency, rapid and effective response systems," he explained. President Ramaphosa shared the measures that have

been taken by the government to combat the spread of COVID-19. They are as follows: <sup>\*</sup> Firstly, limit contact between persons, who may be

infected and South African citizens.

A travel ban is being imposed on foreign nationals from high-risk countries such as Italy, Iran, South Korea, Spain, Germany, the United States, the United Kingdom and China as of March 18, 2020.

\* The government has cancelled visas to visitors from those countries from Sunday and previously granted visas are hereby revoked.

\* South African citizens are advised to refrain from all forms of travel to or through the European Union United States, United Kingdom and other identified high-risk countries such as China, Iran and South Korea. This is effective immediately.

Government will continue to regularly issue travel alerts referring to specific cities, countries or regions as the situation evolves based on the risk level.

Any foreign national, who has visited high-risk countries in the past 20 days, will be denied a visa.

South African citizens returning from high-risk countries will be subjected to testing and self-isolation or quarantine on return to South Africa.

Travellers from medium-risk countries - such as Portugal, Hong Kong and Singapore - will be required to undergo high intensity screening.

\* All travellers, who have entered South Africa from high-risk countries since mid-February, will be required to present themselves for testing.

\* The government will strengthen surveillance, screen-

ing and testing measures at the OR Tambo, Cape Town and King Shaka International Airports.

\* South Africa has 72 ports of entry in the country which are land, sea and air ports. Of the 53 land ports, 35 were shut down with effect from Monday, March 16. Two of the eight sea ports will be closed for passengers and crew changes.

\* Effective immediately, all non-essential travel for all spheres of government outside of the republic is prohibited.

\* The government further discourages all non-essential domestic travel, particularly by air, rail, taxis and bus. \* It is essential therefore that citizens minimise the risk of the spread of this virus by limiting contact among groups of people

Gatherings of more than 100 people will be prohibited.

\* Mass celebrations of upcoming national days such as Human Rights Day and other large government events will be cancelled.

\* Where small gatherings are unavoidable, organisers will need to put in place stringent measures of prevention and control.

\* Schools will be closed from Wednesday, March 18, and will remain closed until after the Easter weekend. To compensate, the mid-year school holidays will be shortened by a week.

<sup>k</sup> Government is working closely with colleges, universities and other public facilities such as parliament, prisons, police stations and military installations to intensify hygiene control.

\* Visits to all correctional centres are suspended for 30 days with immediate effect.

Government is aware of the confirmed case of a student, who has tested positive for the coronavirus at Wits University. Those, who have been in contact with the student, will be quarantined.

\* Government calls on all businesses including mining,

retail, banking, farming to ensure that they take all necessary measures to intensify hygiene control.

\* We also call on the management of malls, entertainment centres and other places frequented by large numbers of people to bolster their hygiene control.

"Fellow South Africans, this is the most definitive Thuma Mina moment for our country. I have great trust that our people will respond positively to this call to common action. Fellow South Africans, This epidemic will pass. But it is up to us to determine how long it will last, how damaging it will be, and how long it will take our economy and our country to recover. It is true that we are facing a grave emergency. But if we act together, if we act now, and if we act decisively, we will overcome it. I thank you," the president concluded.

According to the World Health Organisation website, common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. "Standard recommendations to prevent infection spread include regular hand-washing, covering mouth and nose when coughing and sneezing, thoroughly cooking meat. Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing," the website states.

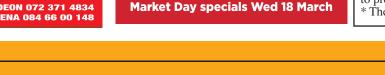
South Africans are urged to wash their hands frequently with soap and water or hand sanitisers for at least 20 seconds, cover their nose and mouth when coughing and sneezing with tissue or flexed elbow and avoid close contact with anyone with cold or flu-like symptoms.

Stay informed on #COVID19. Join the official National Department of Health COVID-19 support service on WhatsApp, which provides up-to-date information on the virus. Simply send a 'Hi' on WhatsApp to 060-012-3456 to begin using the informative platform.

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# Voice over artist makes it to world stage

As a freelance voice artist of four years, Umhlatuzana resident, Kavesan Pillay, has been honing his craft from his humble days at campus radio to his own home studio in his garage storeroom, to living his dream of gracing the world stage. Pillay was selected to represent South Africa in New

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York City at the International Model and Talent Association (IMTA) Convention, in July. Specialising in commercials and corporate narrations for major brands while holding down a full time corporate job, Pillay will be lending his vocal talents both to performing animation characters in Hollywood and promoting global brands that help make an impact in people's lives. "This is the largest talent showcase in the world," he shared. There, he will perform in front of about 300 agents and producers from major film studios. "This life-changing opportunity came about well- it was a fortuitous finding when a talent scout discovered me on Instagram and messaged me stating that she loved my content around voice overs and how I was building my own brand as a professional artist. That made them think that I had what it takes to compete in the acting category of a regional audition hosted in Durban, last year," he added. Pillay secured a personal call-back at the Johannesburg-based International Arts Talent Showcase (IATS) in September 2019 for performing in the acting talent category, in front of Rhavynn Drummer (casting director of Tyler Perry Studios) and Joey Hunter (former president of Ford Talent Management). "People have said that I am very lucky to have gotten this and many other breaks in my voice over career, but while

that may be slightly true, I'm of the belief that the



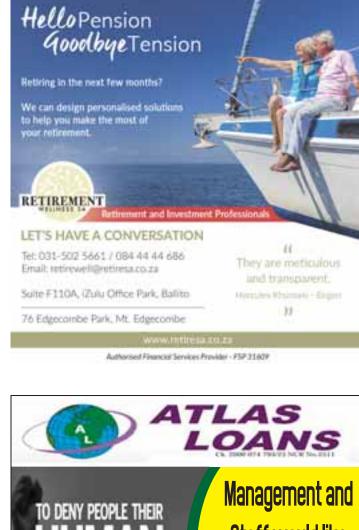
Kavesan Pillay is excited to perform in New York, this vear.

harder I work, the luckier I get. You really can engineer your own opportunities and often, the ones, who get the big breaks are those, who stayed prepared so that when the time came to jump up and grab an opportunity, they had the skill and ability to prove they're the right person for the job. To me, getting selected for roles or being given a shot is not a case of pure luck, but of being ready. You have to be ready all the time," he continued. Pillay feels blessed to have found his passion and gift for acting, speech and voices from an early age, and learned that it is important to protect your dream from naysayers. Not letting anyone keep him from living his dream, he stated, "I faced lots of rejection that made me question whether this venture was worth it. This was made worse by the fact that even people close to me would say things like it (doing voice overs) wasn't worth it or that I 'should just give it up' and focus on getting a 'proper job'. Oftentimes, people (even those close to you) may be bitter about opportunities they missed in their life, but that shouldn't mean you must give up on what potential you currently have yourself. Just because others cannot see the value or future in your craft or passion, that does not mean it isn't there and that it isn't in fact worth something." According to Pillay, there are plenty of ways to make money in life, and everyone's path to success is different. "So what if you choose to make

money and live your life doing what you truly love? To me, that's the best job to have! When I started out, the job paid very little and it was hard booking new gigs," he admitted. With time, he built his brand and the reputation for delivering a 'wow' experience. "Eventually, the money started coming in and even today, I maintain that the money isn't what motivates me to keep going. As a creative person by nature, it's the thrill of creating something from within you (the voices I can perform) and how they are able to make people smile, think deeply or be persuaded towards an action. My craft has the power to impact people on a profound, emotional level, be it for entertainment, education or for enterprise," he concluded. His motto in life is: 'Chase the dream, not the competition.' Pillay is also a voice over coach in training with the South African Voice Over Academy (SAVOA) and he assists to head the Durban division with monthly voice over workshops that open up the industry for other aspiring voice over artists to create their own businesses and destinies.

You can follow Kavesan's journey to New York via his social media channels:

https://www.instagram.com/voiceartistkav/ https://www.facebook.com/voiceartistkav/ https://www.linkedin.com/in/kavesanpillay/



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enjoy a fantastic day out to socialise, feel the fresh air and soak up some Dur-

President of the club, Mallosh Pillay, said, "Many of us get so caught up in our daily lives that we often forget to pay tribute and honour our aged. It is these strong-willed and loving individu-

# **R15** million drug accused appears in court

A Montford man, mander, Supt Rosh allegedly arrested Prem, and tactical with R15 million commander, Cpt worth of drugs dur- Marlon Pillay.

ing a sting operation It is believed that by the Metro Opera- the bulk of the tional Response drugs were found in Team Tactical Unit, a suitcase in his appeared in the home in Road 734. Chatsworth Magis- To provide tip-offs trates Court again, regarding last week. drug activity, con-During the formal tact operations bail application of commander of the 53-year-old Shaun Metro Operational Samigan, who was Response Team, charged for alleged Supt Rosh Prem, on dealing in heroin 083-959-5195 or and mandrax, it tactical commander emerged that he had of the Metro Operthree previous con- ational Response

reappear in court Cpt Marlon Pillay, soon. Samigan's attorney, and no matters. arrested

found Team



The accused, Samigan, Shaun was remanded in police custody following his court apvictions. He will Team Tactical Unit, pearance, week on 084-447-7568.

last



The scene of the fatal crash on the Higginson Highway

# **Man killed in horrific Higginson crash**

A man, believed to have been in his late thirties, was killed when his vehicle veered off the road on the Higginson Highway into the Mobeni Heights Cemetery, before crashing into a tree, on Monday afternoon. According to Rescue Care Emergency Services spokesman, Garrith Jamieson, the man sustained major injuries and was en-

trapped in the vehicle.

"Unfortunately, due to injuries he had sustained, there was nothing more paramedics could do for him and he was declared dead at the scene," he added. At the time of going to print, further details and preceding events could not be immediately obtained.

# **Chatsworth woman pleads** guilty to kidnapping, assault and criminal defamation

The jilted lover, accused of kidnapping, assaulting and criminally defaming a 52-year-old Moorton woman over an alleged affair with her partner, pleaded guilty in the Durban Regional Court, on Tuesday. The incident gained attention after a video went viral in May last year. In the video, a woman is interrogated by another angry female, believed to be Samadhanum Jane Andrew (50), who threatens her and demands answers over an alleged affair with a younger man. Regional spokesperson for the National Prosecuting authority, DPP KZN, Natasha Kara, stated that the complainant was in a relationship with Andrew's boyfriend.

"Andrew found out that the pair had recently visited a hotel together and decided to attack the complainant.

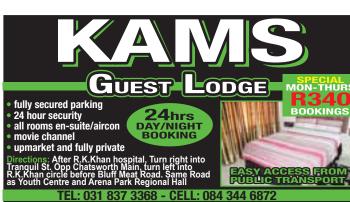
She and her co-accused, Sarah Ishwarlall, forced the complainant into a car and took her to Ishwarlall's house where they assaulted her and cut off portions of her hair. They filmed this interrogation and posted it on social media, along with defamatory comments about the complainant. This video went viral," added Kara.

Regional court prosecutor, Sureka Marimuthu, handed in a Victim Impact Statement, compiled by the complainant and facilitated by court preparation officer, Nondumiso Nyembe. The complainant mentioned that this ordeal caused her to lose her job and become withdrawn as people were laughing at her. Her child was unable to attend school because he was mocked as well. The court sentenced Andrew to a

fine of R20, 000 or six years imprisonment, wholly suspended for a period of three years. She was further ordered to compensate the complainant with R5, 000. Andrew must also issue an apology to the complainant, which must be published in two mainstream newspapers. Welcoming the conviction, the Director of Public Prosecutions in KwaZulu-Natal, Adv Elaine Zungu, said, "The complainant suffered humiliation not only at the hands of the accused but also on social media, with members of the public forwarding the video. Matters of similar nature are becoming prevalent and we hope that this sentence deters like-minded individuals. Congratulations to the officials involved in this successful finalisation.'



### Saivite international swami visits SA





was born in 1970 in full-time Siva Siddhanta Trichy. He attended pri-Swami at Dharmapuram for 26 continuous years mary and secondary school in Moral-Based Thambiran Swamigal from Kasi Matam, India English School, He completed his secondary eduwas brought to South cation and obtained a Africa by Guru Morgan B.Com degree in 1992. In Yegambaram, a former teacher of Chatsworth, 1998, he graduated with a MA in Tamil at the and publisher of several Bharathidasdan Univer-Saivite Sithantha books sity in Trichy. In 2003, he Guru Morgan has atachieved his M.Phil. tended many interna tional Saiva conferences in London, India and Swamigal also underwent an intense five-year course on Devaram at the Malaysia. Guru Morgan Thavumanaswamy Temsaid, "The most important ple in Trichy. In 1991, he reason for bringing vas conferred a Sid-Thambiran Swamigal i to bless and assist our community with Saiva dhanta Kalanidhi from IISSR at Dharmapuram Aadheenam. He was a spiritual practices.'



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#### PUBLIC NOTICE

Review of the North, Inner West, Reservoir Hills, **Outer West, Central and South Schemes of the** eThekwini Municipality

The Development Planning Department has embarked on its sixth annual review of its Planning Schemes. The review is based on the need to remain proactive in order to facilitate development and growth in the City; while at the same time giving full effect the City's vision of creating a Liveable City. The Scheme Review is a statutory requirement in terms of Chapter 5, Section 27 of the Spatial Planning and Land Use Management Act No.16 of 2013 and Chapter 6, Section 19 of the eThekwini Municipality Planning and Land Use Management Bylaw, 2016.

In 2012 the Council supported the updating, approval, consolidation and replacement of the various Town Planning Schemes into a single Land Use Management System. This was the first time that such work was done in the City. The Planning Schemes are continually undergoing their annual reviews and performance testing.

The Planning Scheme in all four regions has undergone changes since their last 2018-2019 review. Such changes are documented and will be available for viewing at each Regional office.

The scheme document is available electronically and the addresses are as follows: http://www.durban.gov.za/City\_Services/development\_planning\_management/ Pages/Document-and-Notices-2.aspx

The public have until 10 June 2020 to comment on these schemes.

All comments must be lodged in writing to:

Ms. Claire Norton The Senior Manager: Land Use Management Development Planning, Environment and Management, P.O. Box 680, Durban,

4000

Alternatively, you can email: claire.norton@durban.gov.za

For more information please contact the following officials who will respond to enquiries.

REGION	NAME	TEL NO.	EMAIL
Outer West and Central	Justin Rajan	031-3222965	justin.rajan@durban.gov.za
North	Jayanth Dwarkadass	031 3117463	Jayant.dwarkadass≣durban.gov.za
Inner West and Reservoir Hills	Nishal Kalicharan	0313221912	Nishal.Kalicharan@durban.gov.za
South	Danny Sewdular	0313115817	Danny.Sewdular@durban.gov.za





Nagiah's®



Category: Poetry

#### My favourite subject is Math

My favourite subject is Math, because I know I can think faster than a rat. Sunbeam Primary school is where I attend, all my teachers are so bold

At least that is what we are told Especially the Math teachers, because even when maths is not fun.

The Math jokes can be, So just agree with me. My best friend does not like problem-solving Cannot be worse than chores that

mum gives me, now that is boring. The kids of grade five, were asked the other day, why was the equal sign so humble? I shouted, because she knew she

wasn't greater than or less than anyone else, then I muted. Every problem in Math is different Mum says it is an investment

My pastor at Emmaus Fellowship Church said once that the

> 100% SATISFACTIO

"I love learning different things at school, at home and at church. I love listening to music, dancing, watching movies with my family and spending quality time with people I love."

Written by: Josiah

**School: Sunbeam Primary** 

bible verses also relates to Math

So now I understand every step

to solve a problem, and every

problem in Math is taught cor-

rectly by my teacher and should

be understood by all kids in our

Basaviah

neighbourhood.

Age: 10



#### Category: Poetry

#### Dear cricket

I love the game of cricket It is my favourite sport Running down the fine grass pitch Holding my bat and taking middle stump Touching the lush green grass Holding the bails and sparkling, red ball The game of cricket, the best one yet Going through all the pain everyday Running up and down everyday It hurts a lot

But you have to do it

Facing the fastest

That's the fun of it

balls

stars



Written by: Troy Charles Izatt Age: 12

Name of school: Penzance Primary

One day, on the royal stage In cricket history Battling against Litha Gonya in Smashing them around the park the nets From four-years-old, with future At Kingsmead Stadium A South African dream will become true

The greatest player ever made Troy Izatt

**'I** am an avid sportsman in school. My passion and love for cricket inspired me to write this piece. My aim one day is to play cricket for South Africa."



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# **FCS** units continue to #ActAgainstAbuse

During the month of February, KZN police ef-After many years of fected 306 arrests, convicted 15 perpetrators, darkness, which led to vandalism, loitersecured four life sentences along with 247 years imprisonment.

With the mandate to #ActAgainstAbuse, Family Violence, Child Protection and Sexual Offences (FCS) Units throughout KwaZulu-Natal are ensuring that justice is served to victims while perpetrators of such heinous crimes feel the full might of the law.

During the month of February, KZN police effected 306 arrests, convicted 15 perpetrators, secured four life sentences along with 247 years imprisonment.

The accused were handed down their Khombinkosi Jula, explained that these sentences in various courts across the arrests and convictions prove that KZN, province.

Provincial police spokeswoman, Col Thembeka Mbhele, said, "The sentenced individuals were wanted for various crimes, such as rape, sexual assault, attempted rape, child neglect, violation

of probation orders, kidnapping and assault GBH."

Col Mbhele confirmed that one of the accused was sentenced to three life terms for sexually violating a young woman multiple times while another accused was given life imprisonment.

"Other perpetrators are still attending courts for various cases and will know their fate in due time," she stated. KZN's provincial commissioner, Lt Gen as a province, is committed to fighting

crimes against women and children. "Our well trained and determined FCS units will continue seek justice for ven-(pictured), the chairerable women and children until they man of the Woodfeel protected," he concluded. hurst

ing and a resting place for vagrants at night, lighting at the Woodhurst Park, situated in the heart of Woodhurst, has finally been replaced. The theft of cables at the park, during 2013 and 2014, led to the area being in complete darkness for many years, despite ongoing battles with relevant authorities, where residents felt their concerns regarding vagrants sleeping in the park and the high crime rate fell on deaf ears. During early 2014, Suren Ganapathie

Sub-Forum



ing for lighting in the park to be installed. "The Department of Parks and Recreation did

not replace the lighting, leaving the park in darkness, therefore, inviting vagrants and criminals to loiter or sleep over. Consequently, theft of items from properties along the park began to increase. Alproperties though close by are fenced and have adequate lighting, residents were left vulnerable with criminals lurking in the dark. A recent meeting with relevant authorities

and members of the Woodhurst Crime Watch seems to have

matter being ad-Ganapathie, who now manages the Woodhurst Watch Chatsworth Safety Alert

fare.

Ward

Ganapathie to work closely with Watch group, residents should dressed," he said. councillors to make things happen. To join the Woodhurst Crime

send a message to 076-059-0862.





The Moorton CPF will host an AGM on Thursday, April 9, 2020 from 6:15pm at the Moorton Library GA Room. All residents, stakeholders, street committees, leaders of faith-based organisations, businesses and concerned residents from Moorton are invited to attend. The meeting aims to establish a CPF sub-forum in the Moorton community. Sub-forums are part of the Chatsworth CPF and most important in the partnership in assisting Chatsworth SAPS in fighting crime. With the support of the community, they have established a steering road rep committeestreet committees are established in most of the streets in Moorton. The sub-forum has thus far requested that all street committees align themselves to the CPF to be properly constituted in line with the Moorton CPF constitution. The street committees are proactively involved in fighting crime, land invasion threats and are aligned with the Moorton CPF. Election of office bearers to serve on the sub-forum will take place. The Moorton Sub-Forum is a body that works closely with Chatsworth the SAPS and CCPF to curb and reduce crime, land invasion, etc, in the THE CAS Moorton area. The forum also advises youth between the ages of 18 and 35 to join the Moorton Police Sub-Forum. They urge residents to join their police 9kg sub-forums on their WhatsApp page and opening up of **14K**g street committees in each street in the **19kg** Moorton area. Kindly take this as **48kg** due notice for the AGM. For more information, contact the Moorton Sub-Forum chairman, Cyril Naidu (067-Branches At... 686-4604), secretary Queenie Naidu (084-554-5860) or Jakes Singh, the Chatsworth CPF chairman (083-715-4377).



# Men tracked down following robbery and murder

Woodhurst Park finally sees the light

'Thugs can run but they can't hide forever. Police are everywhere and KwaZulu-Natal is no playground for criminals.'

These words by KZN's provincial commissioner, Lt Gen Khombinkosi Jula, came following the arrest of three men, who were allegedly wanted for the murder of a 34year-old man.

The men were apprehended during an operation conducted by the Mariannhill SAPS' crime prevention unit.

Provincial police spokeswoman, Col Thembeka Mbele, said, "The men were wanted for the murder of Msizi Ndavimane, who was fatally shot on January 25, 2020. It is alleged that the perpetrators were travelling on St Wendolins Road in a blue Hyundai IX35 when they allegedly accosted the victim and robbed him of his cellphone before fatally wounding him. They fled the scene in their vehicle."

Cases of murder and robbery were opened

for investigation at the Mariannhill police station. An intensive investigation led police officers to Impola where the vehicle, that was allegedly used to commit the offence, was recovered.

The first accused, a 21-year-old, was apprehended at this point. The second and third accused, both aged 22, were arrested on Shayamoya Road, Tshelimnyama in Mariannhill.

"One of the arrested men might also be

linked to an attempted murder case whereby a 29-year-old woman was assaulted and stabbed while she was at her place of residence on February 22, 2020 at about 2pm. She was taken to hospital for medical attention. An attempted murder case was opened for investigation at the Mariannhill police station," Col Mbele explained. The men appeared in the Pinetown Magistrates Court.



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#### Chatsworth Centre gives back to shoppers and the community

It was an 'Emoji ME' themed affair during February at Chatsworth Centre as shoppers celebrated the month of love by visiting the Selfie Station at the Hub foyer, while interacting with Chatsworth Centre's friendly promoters, who were pacing the mall giving away instant prizes. Every shopper, who came into contact with promoters, was informed to like one of their Valentine's related posts on Facebook to receive an Emoji ME instant prize. Chatsworth Centre gave out 700 prizes from February 11 to 20. Always giving back to the heart of their community, Chatsworth Centre's management team visited the Saligram Homes in Montford, where they were afforded the opportunity to give out 100 care hampers to the elderly. Chatsworth Centre used the CSI

Page 6

initiative to get the tenants of the centre involved by sponsoring items that went toward their hampers. They had great support from stores including Gifts and Bags,

Clicks, Shoprite, Chatsworth Centre's Optometrist, Nu Shop, Superspar, and Feedy Needy.

Marketing co-ordinator at Chatsworth Centre, Smriti Boodhram, said, "It is safe to say that it was a heart-warming experience for our entire team. We thank our wonderful tenants for coming on board to bring this campaign to life." For more information or to keep up-to-date with the latest news at Chatsworth Centre, follow them on Facebook: www.facebook.com/chatsworthshoppingcentre and Instagram @chatsworth\_centre\_



Joy and love was spread by Chatsworth Centre during the month of February.



There were big smiles for the 'Emoji ME' themed affair









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The Aryan Benevolent Home is a 98-year-old national charity that provides succour to the aged, frail, physically and men-tally challenged, abused women Mohil Bandulal, the president of and children. the ABH council, said, "It's im-

The charity's priority is to ensure that its residents remain safe and healthy in the face of rising rates of infections of the coronavirus as the ABH cares for 700 vulnerable people. The ABH is appealing to the public and companies to donate face masks, hand sanitisers, disinfectant spray bottles and gloves. Many of the ABH's residents are frail and elderly and they have extremely low immune systems as such proper hand hygiene is vital for them to remain healthy.

The appeal comes after panicbuying around the country has seen shelves stripped of hand sanitisers and anti-bacterial

Chatsworth If you have any queries, call 031 404-9523 email ashana@abh.co.za

perative that we, at the home, are

prepared and have an adequate

supply of face masks, hand sani-

tisers, disinfectant spray bottles

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products. Online stocks have also been depleting, with prices soaring for bottles of hand sanitisers.

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industry. "I used to

hitchhike and sleep at

gas stations- all because

I wanted to pursue my

dream. Eventually, I re-

turned to Chatsworth

and due to there being

no scope for wrestling, I had to relocate. In my

heart, I knew that I

wanted to change this

and I have. Growing up,

some teenager and it

brings me contentment

to know that I used

wrestling, as an escape,

the big guy admitted.

Soon after embracing

change, Nightmare then

joined forces with re-

especially

sports,

I was a very trouble-

## **ABH** helps young girl blossom into confident woman through love and care

Queenie Naidoo lived at the ABH Children's Home, which is now known as the Bhai Rambharos Children's Home, situated at 80 Arena Park Drive, Chatsworth. It was at the ABH that she blossomed from a little nine-year-old child to a confident young woman. The ABH is a 98-year-old national charity that provides succour to the aged, frail, physically and mentally challenged, abused women and children.

Today, Naidoo is 52-years-old and has over five decades of life experience and a diploma in child care. She is understanding and empathetic and she encourages and uplifts the children and elders, who reside at the ABH. She teaches them about forgiveness and love, brightens up their lives and gives them hope for the future. She said, "Children are sensitive, amazing and resilient, however, it is incredibly difficult to thrive after enduring a broken home. I understand how overwhelming this can be because I too have experienced it, it is for this reason that I visit the ABH as often as I can to provide comfort to chil-

dren in need. I teach them about forgiveness and love and I help them realise that they are special and important. I also spend time with the aged, frail and non-ambulant residents. Just a hug, a handshake or a smile brings light and life to these individuals and listening to them visibly makes a difference and touches their hearts." She personally encourages more

people to support the ABH in any way that they can. "Every little gesture makes a difference to these children and the elderly residents and helps them to call the place they now live in, their home. Please offer your time, food,

Through the Aryan Benevolent Home, Queenie Naidoo has become an empowered and compassionate woman.

HYAN

SINCE 1921

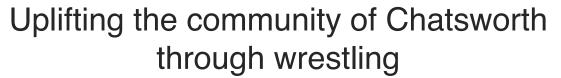
clothes, encouragement and hope as this will help brighten their lives," she appealed.

The ABH is the heartbeat of the community and they do incredible but often unrecognised work. "The well-administered charity is progressive, forward-thinking and the staff tirelessly supports people, who are at their most vulnerable. The ABH really feels like a home, two of my amazing house parents were Mr and Mrs Naidoo, who I regard as my parents, I still visit them at their home today," Naidoo shared.

Mohil Bandulal, the president of the ABH Council, stated that they are extremely proud to see the progress that Queenie Naidoo has made

"She is a role-model to our current children, who reside at the ABH. We encourage the community to get involved in our residents lives. Your visits will help boost their self-esteem and alleviate their loneliness. Let's work together to care and serve South Africa's most vulnerable people." If you are interested in visiting the ABH, call 061-477-7208 or 031 404-9530 or email ashana@abh.co.za

DRESS

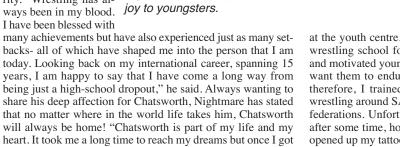


With the words, 'Made in Chatsworth' engraved not just on his skin but also his heart, wrestling champion and proud '031' guy, Nightmare, continues to promote and uplift his beloved hometown, which, he believes, consists of amazing talent and potential waiting to be unlocked and enhanced. Described as a giant with an even gigantic love and passion for making a difference, Nightmare is always using his story to inspire youngsters to always strive for success and never settle for mediocrity. "Wrestling has al-



Nightmare has always been passionate about uplifting and bringing

many achievements but have also experienced just as many setbacks- all of which have shaped me into the person that I am today. Looking back on my international career, spanning 15 years, I am happy to say that I have come a long way from being just a high-school dropout," he said. Always wanting to share his deep affection for Chatsworth, Nightmare has stated that no matter where in the world life takes him, Chatsworth will always be home! "Chatsworth is part of my life and my heart. It took me a long time to reach my dreams but once I got there, it wasn't good enough because on my journey, I had to follow many different paths," he continued. He admitted that his dream to become a professional wrestler was so intense that he had to sacrifice living a normal life with regards to relocating and not being able to hold a regular day job as that would ring in the backyard of one of his properties. "Since then, I have been hard at work training young hopefuls. Despite the outdoor have held him back from travelling and touring in the wrestling





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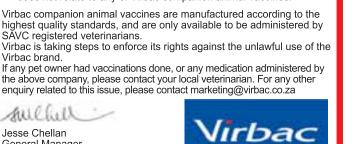
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tired wrestler, Tiger Ellapan and together, they started a training school at the youth centre. "For five years, Durban Pro Wrestling- a wrestling school for training aspiring wrestlers- empowered and motivated youngsters both in and out of the ring. I did not want them to endure the battles and difficulties I faced and therefore, I trained many of them, who are now currently wrestling around SA and being booked by some of the biggest federations. Unfortunately, the school had to be closed down after some time, however, with the spare time on my hands, I opened up my tattoo studio, which helped me fund my dreams and community projects," the Moorton resident added. Soon after, he obtained a proper wrestling ring from Mark Beale, a wrestling promoter, whom Nightmare describes as 'kindhearted'. Without a venue to train youth, he virtually set up this

> conditions, we embrace Mother Nature, gather as a family and encourage each other to be the best that we can be," he shared. Knowing that social ills, such as drugs, continue to plague Chatsworth, Nightmare believes that this can be tackled by creating more opportunities and activities for youth to get involved in. "I have dealt with many youngsters, who suffered from low self-esteems to depression. Many of them were even recovering drug users and social misfits. I encouraged them to be responsible for their own happiness and become the architect of their dreams. Their journey to turn over a new leaf was not simple, however, they are now role-models and local stars. I have also exposed them to celebrities and world famous WWE superstars- a massive achievement for them," he explained. This year, his wish is to organise a few small shows, which will lead to a mega show of note. "Apart from show promotions, I have also been chasing a dream and have been busy for the past two years, trying to obtain a premises so that I can open a community development centre," he confirmed. With the WWE superstars soon returning to the shores of Durban, he is excited that the city will be part of their South Africa tour. "The last time WWE visited Durban, I had a few of the superstars visit the Chatsworth Youth Centre. With their upcoming tour, all I can say for now is thank you to WWE. Chatsworth, watch this space," he concluded.



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#### **Advertorial**

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#### Here's a chance to 'Explore the Beauty of India'

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In addition to the holiday to Mumbai, there is also an impressive R30,000 in cash to be won at the final draw on April 24, 2020. Points earning started on March 1 and participants have until the day of the draw to earn 20 points to qualify for a draw ticket. The more points earned, the more tickets they qualify for and the grater the chances of winning. Explore the

Beauty of India is exclusive to members of Sun International's Sun MVG programme. Guests, who are not members of Sun MVG, can still be part of this exciting promotion by signing up. Registering with the programme is free at the MVG Desk at Sibaya. Sun MVG offers guests the opportunity to earn both casino and leisure points by playing the slots and tables, when using the online sports betting facility Sun Bet, when staying at Sun International hotels and when dining at selected restaurants at Sun International properties. Casino points can be used for playback in the casinos and on Sun Bet. Leisure points can be used for hotel accommodation, dining experiences or exciting entertainment. Sun International proudly supports the National Responsible Gambling Programme. Gambling is for persons 18 years and older. Winners know when to stop. National Responsible Gambling Toll-free Counseling Line:

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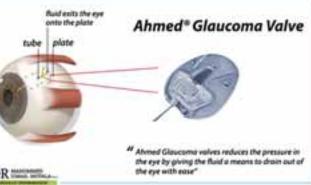
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#### Is effective service delivery in our municipality a thing of the past?

Is effective service delivery and proper maintenance work in our eThekwini Municipality a thing of the past? Our recreational facilities, often limited in number and capacity for the number of people they are provided to serve, parks, play lots, sports fields, community halls, are often in a state of disarray or unusable from time to time- often for prolonged periods. Such basic maintenance work as street cleaning, weed removal from our pavements, grass cutting, dense vegetation and bush clearance along our streets and in vacant lots are not being attended to regularly, if at all, with large tracts of our environment, both immediate and distant, being an eyesore. Adding to this environmental despoliation is the large number of torn and tattered bin bags lying on the pavements awaiting removal by Durban Solid Waste trucks. Indeed, even the collection of this refuse, for which ratepayers are charged an additional fee (over and above the payments for rates, water, sanitation and electricity), poses challenges to our municipality with strike and threats of strike being used by the workers to hold it to ransom. It is disturbing to note that serious concerns of



taxpayers and residents are only given attention and remedial measures put in place by the relevant officials and departments only after they are widely publicised: the Bulwer Park and reopening of the flood-damaged Silverglen Drive being cases in point. Finally, on a positive note, I look forward to our mayor's ideal of a safe and clean, politically and socially stable municipality with policy certainty, that he made known to the media after his first 100 days in office.

Syd Suknunun Silverglen

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#### Who we are on the inside It is a normal human desire to be concerned about how we look on the outside. There's nothing

wrong with that. What can get us in trouble is worrying more about how we look on the outside than about how we really are on the inside. Our character

represents who we are on the inside. And the good news is that if we focus on being better on the inside then, over time, will also become better on the outside. Why do I say this? The inside does influence the outside. The Proverbs writer noted that as we think in our hearts, so we become. That ancient idea has been both echoed by other wisdom writers and confirmed by modern science. What we believe really matters. What we do or neglect to do in the privacy of our daily lives impacts on who we are. If we neglect our heart, mind, and soul, it changes, who we are on the outside as well as the inside. Jim Rohn said, "We often cannot determine what happens to us, but we can always determine what happens within us." Character is a quality that



embodies many important traits such as integrity, courage, perseverance, confidence and wisdom. Unlike our fingerprints that we were born with and can't change, character is something that we create within ourselves and must take responsibility for changing. When we fail to make the right character choices within us, we give away ownership of ourselves. We belong to whatever gains control of us. And that puts us in a bad place. How can we ever reach our potential and become the people we can be if others are making choices for us? Winning in life is more than just money, it's about winning on the inside and knowing that you have played the game of life with everything you had. Prioritise on building the inside



#### **Blessings to those who supported Shavathon 2020**

Shaving, spraying and giving hope at Shavathon! This event is definitely the most-loved fundraiser. It was heart-warming to read that some local malls showed their unwavering support for this initiative. With recession taking a tight grip on the pockets of people everywhere, these gallant and dedicated officials from the

commended for their kind gesture. The effort of these people is an initiative for which the community of Durban will be proud of. Let's not forget the participants, who gave hope to cancer survivors by showing solidarity with them in their fight against cancer as they stencilled, sprayed or shaved their hair. We all have busy lives and seldom take the time off to think of the

less fortunate and the sick. I believe that with the blessings of the Almighty and the role-players of their noble deeds, we can make a difference. Much thanks to the supporters of Shavathon 2020. This will definitely touch many lives. I hope the excellent work done by them will be an inspiration to others so they to could join and play a huge role in helping cancer survivors

The journey that a cancer patient embarks on upon diagnosis is not an easy one. The saying is so appropriate, 'All the praise in the world is praise of those who give.' God bless you.

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A series of SMART Clubs, a project in schools by the Anti-Drug Forum, were launched following a successful seminar hosted by the forum, recently. Seen are the SMART Club pupils from Seven Hills Primary, together with director of the Anti-Drug Forum, Sam Pillay.

#### **Beacon Ridge pupils say 'thank** you' for daily nutritious breakfast

The children of Beacon Ridge Primary are thankful to KFC for the daily nutritious healthy breakfast of Future Life. The principal, Mr Vayapuri, expressed his sincere appreciation to Team KFC for taking care of the pupils and in doing so, achieving the vision and mission of the school.



The pupils express their thanks through colourful posters.

#### To book your advert in The Rising Sun contact our Marketing Executives



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# autodealer Local motoring news

# **Toyota debuts the new Corolla sedan**

After the recent launch of the Corolla multimedia system. Corolla. The C segment contender will tance and safety features as well as a new process for customers. "Like its hatched

Page 18

Quest, Toyota has launched its all-new As with the hatchback derivatives, the sedan will offer similar pricing, grades and come with a variety of new driver-assis- features structure to simplify the selection



sibling, this new-generation sedan is built comes standard with on the latest TNGA platform. It is a marked step up from its predecessor with a powerful and efficient new drivetrain, a sharper design language, crisp handling and superb ride comfort, as well as a long list of driverassistance safety niceties never before seen on Corolla," Glenn Crompton, Vice President of Marketing, Toyota South Africa. Featuring at the top of the list is the XR derivative which comes fitted with the new TNGA 2.0-litre petrol engine, either mated

to a six-speed manual gearbox or 10-step continuously variable transmission (CVT). This option is capable of 125 kW and 200 N.m of torque and is substantially increased from its predecessor. Also on offer is a midrange XS option which features a 1.8-litre powertrain, exclusively mated to the CVT transmission capable of 104 kW. This motor and transmission combination promises to return a combined figure of 6L/100km for the CVT versions and 6.5L/100km for the manual variant.

In addition to a more power full engine, Toyota has added double-wishbone suspension to the rear which in turn results in a more comfortable and refined driving experience. The mid-range Corolla 1.8 XS ing brake, Hill Assist Control and Vehicle

LED headlights, pushstart, cruise control, auto climate control, reverse camera, a new infotainment system, and multifunction steering wheel with Voice Command as well as Apple CarPlay and Android Auto functionality. Occupants are kept safe employing seven airbags (includ-



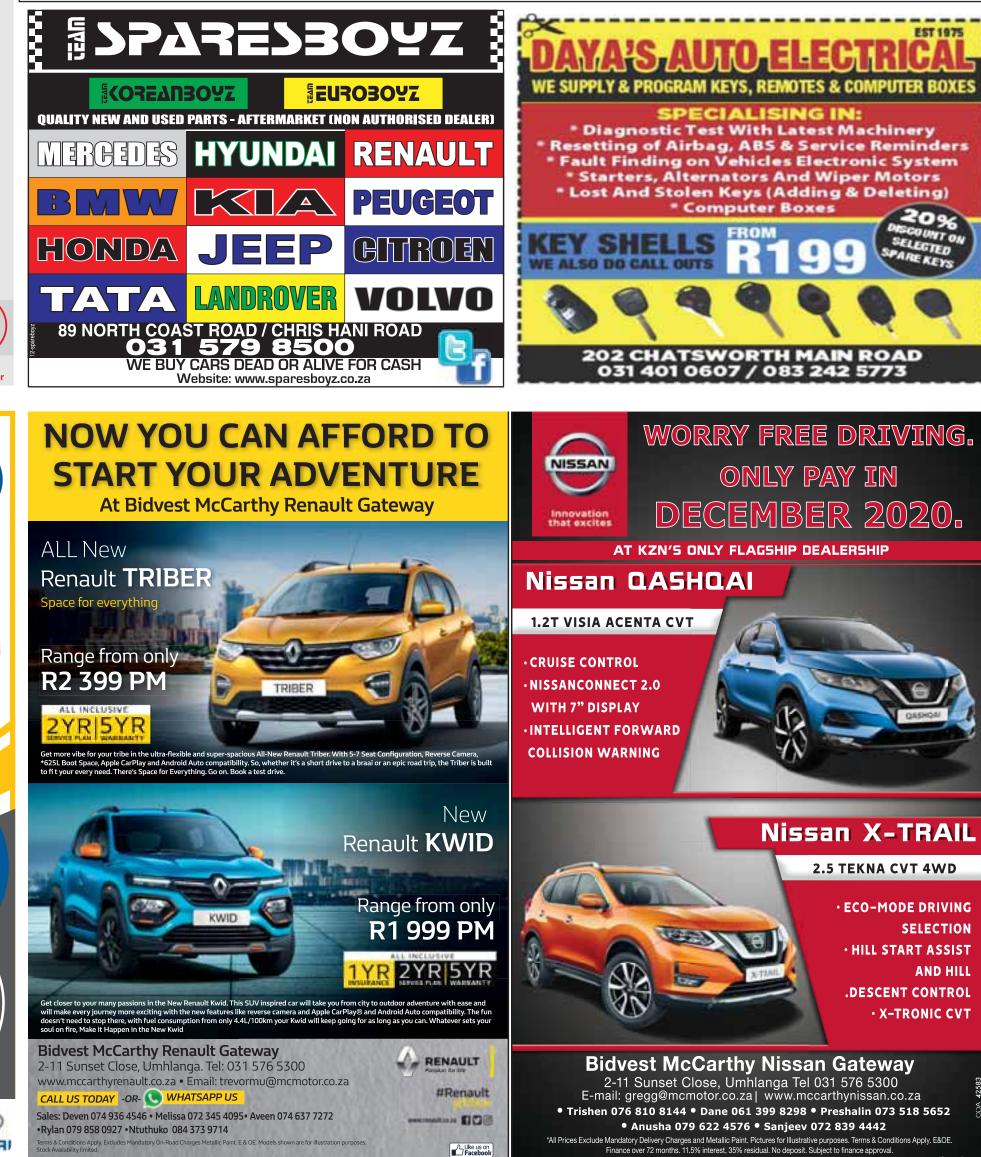
ing a driver's knee bag), an electronic park-

Stability Control as standard. In addition to these features on the XS variant, the XR derivatives feature Smart Entry, Bi-LED headlights with Auto High-Beam, two-tone 18-inch laser-cut alloy wheels, electro-chromatic rear-view mirror, combination leather upholstery, steering wheel with paddle shifters with the CVT fitted derivative, as well as Blind Spot Monitor,

Adaptive All-Speed Cruise Control and Lane Departure Alert.

#### Pricing

Corolla 1.8 XS CVT R372 700 Corolla 2.0 XR manual R412 300 Corolla 2.0 XR CVT R425 200



















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0 grounds. 10med, Faheem: 031 4047823 0724846375 0761409439	garden refuse, etc. At R300 a load. 084 878 4027 074 202 0391 AS130438	1 bedroom, lounge, kitchen, R3000pm excl. L/W. No deposit + parking.	Prepaid lights/water, hot/cold, f/tiled, no parking. Savy: 0746869202 031-4006978
CK159391 ALL FOR HIRE JEENSBURGH draped. Complete age, 200 guests s incl. el: 0835600593 CK159385	VENUE FOR HIRE For all occasions -Weddings -Parties -Conferences, etc At Kapenta Bay Resort & Conference Hotel, South Coast	Contact: Higgins 0836669850 AS130462 ARENA PARK Outbuilding for rent. Prefer couple with 1 child or 2 adults. Phone: 031-4048451 AS130412	AS130407 UNIT 5 Outbuilding to let: Excluding L/Water. Rent R3000 Contact: 0788000306 0836416059 AS130442
ANI FIRE FOODS for individuals & ccasions sold in ers, kilo & deggs. iries zir: 0722417626 	Tel: 039 682 5528 AS130187 0387 TUITION / EDUCATION	ARENA PARK Outbuilding: R2200 L&W shared. Prefer working or elderly couple. To occ. immed. Beryl: 031-404540 0731310773 AS130456	UNIT 9 Open plan 2 Room, kit, t/b, h/c water. R3200 incl. L/W. Advance + dep reqd. Near amenities Tel: 073 1026 202 AS130458
KUMARIE'S COOKING ialising in various es & breyani for dings, parties, sgiving & funeral i: 031-4091253 0844411336 0744928318 AS130478	MASTER MATHS Specialising in Maths and Science individual tuition. We are affliated to all curriculums Contact us 031-4041649 0837865739 AS130424	BAYVIEW Large garage bedrm, 1 bedrm, kts, f/tiled, f /secure, d/way, parking. W/couple with 1 child, excl. lights R3000 Tel: 0744641817 	WESTCLIFF Newly renovated, 2 large rooms, kitchen (bic), toilet and shower (all fully tiled), secure parking. Close to all amenities. R3200 per month excl 0840377786
CATERING & CATERING (an: Mutton, 0, Veg, R1500, (en, R2000. with salad & soji. We offer full package uee, chair, tables, ng, decor, draping. ral & memorial	0400 FOR SALE 0425 CARPETS / FURNITURE / APPLIANCES	CROFTDENE Outbuilding to let. 1 large Rm, ktb. Prefer working couple. Close to amenities. Tel: 031-4020642 ————————————————————————————————————	AS130406 WOODHURST 1 bedrm with ens, bic`s, f/f kit & lounge, parking avail. Secured, incl. h/c water, prepaid elect. R3200pm. Avail. 1st April Mr Shaik: 0817478778 AS130410
ages 1: 031 4020188 084 4020188 CK159389 TASMIRAS CATERING	FOR SALE Oak three piece room divider Phone: 0844924837 AS130385	o/plan f/f kit, lounge, f/f d/rm, parking for 1 car. R3500 excl. <b>Tel: 0844645525</b> CK159384	WOODHURST 1 Large bed/rm with ensuite, kit, lounge, f/tiled, b/guards, R2900 incl. water, prepaid
ani, Feed 100-120 with dhall, salad &	HOUSEHOLD ITEMS FOR SALE Sleeper couch R950, lounge set R1000, toble set P800,	HAVENSIDE 2 bedrooms, kitchen, t/b, tiled. Singles or couples. R2650 excl.	elect. tel: 0314012871 0652736527 
ken-R2200 R1600 <b>az: 0845869139</b> AS130188	table & chairs R800, Plasma TV unit R900, etc Contact: 0613750168 AS130453	031-4000407 AS130440 HAVENSIDE 2 Rms, Ing, kit/sh, propoid LAV B2000	WOODHURST CHATSWORTH Outbuilding to let that is currently being
0321 CLEANING	0495 WANTED TO BUY	prepaid L/W. R3000 excl. Ph: 0717854846 0731845383 031-4004611	renovated, To let in sought-after area.1 bedrm, o/plan kit & lounge, toilet & bathrm. Secure parking.
RAZY SPECIAL ning of L/suite R250 with hguard. We dont crubbing brush Malcolm: 0731729719	A.2 BUY FRIDGES TV, beds, wardrobes, fridges & freezers & other household furniture. Also repairs to fridges & freezers.	AS130480 HAVENSIDE Mainbuilding (Upstairs) 1 large bedrm fitted & carpeted, ensuite, kit & dining open plan.	Rental: R3800 incl. water. Prepaid meter installed. Phone: 0842579883 AS130477
CK159383 CK159383 DS CLEANING SERVICES ning of L/sets,	Also service & fix aircons Contact: Enock 0732192489 0731712326 ———————————————————————————————————	Separate entrance with balcony, well secured R2800. Single or working couple Tel: 0822588724 ————————————————————————————————————	GARDEN FLATS / COTTAGES
, carpets, etc with hguard. Vehicle valets also done. us for a free quote . Also Repairs to springs an: 031-4049187 083 340 7125	A1.I BUY UNWANTED GOODS TV's, hi-fi's, speakers, amps, bicycles, computers, mags, etc. In Chats.	KHARWASTAN Large Room & kitchen to let, R2400 excl. lights/ water. Must have transport Tel: 083 782 0974	CHATSWORTH 2b/rms g/flat, f/kit, lounge, dining, secure parking, remote access. R3200 excl. lights Ph: 0744991959 031-4039051

AL:0746268114

Tel: 083 782 0974

#### THE RISING SUN, CHATSWORTH, MARCH 17, 2020

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www.risingsunchatsworth.co.za





Many of the ladies from Camford Academy Chatsworth, as always, showed their unwavering support towards the CANSA Shavathon fundraiser. The women gladly assisted in shaving, spraying and stencilling hair. They look forward to the 2021 Shavathon initiative and encourage community members to always involve themselves in such events as it sends out a positive message.



The Rising Sun Community Newspapers thanks all sponsors and residents for coming on board the amazing Shavathon 2020 fundraising initiative where residents could shave, spray or cut their hair in aid of CANSA. Seen are staff from Chatsworth Centre, Camford Academy, Rising Sun Community Newspapers and volunteers from CANSA at the successful event.

#### **Advertorial**

#### UKZN/ Cornerstone School of the Spirit Graduation postponed

In response to the president's address on Sunday evening, Cornerstone School of the Spirit announces that its third annual graduation ceremony is postponed to a later date in 2020. This decision was made with the advice of UKZN's Prof Masondo, who is the main speaker at the graduation. Pst Mervin Naidoo said that given the highly infectious nature of COVID-19, it's the only responsible decision they had to painfully make. They are advising the community to comply with the president's recommendations and minimize travel, observe personal hygiene and regularly wash your hands. Please join facebook.com/pastormervin for daily regular updates regarding church service times. The Sunday morning services for this week remain as normal: 7:30am,



Manager of Best Drive, Keeran Kistan congratulates winner, Alvin Naidoo

#### **Excitement revs at Best Drive competition**

The exciting Best Drive competition handover took place at Sunset Tyres at Joyhurst Centre, on Friday, amidst much excitement. Loyal customer, Alvin Naidoo, was the lucky winner. "I'm so excited. Thank you to the Best Drive Chatsworth team. The service was excellent. Thank you for this great gift. It is much appreciated."



Models showcasing amazing fashion.

#### **Become part of CC Promotion's** entertainment database

After a number of successful pageants and events, CC Promotions has created a new database for aspiring entertainers and designers to showcase their talent while also being provided with immense exposure.

CC Promotions wishes to give unrecognised talent a chance to shine. Irrespective of race, colour, creed, age or gender, any interested persons can become part of the database at no cost.

If you feel that you have what it takes to wow mass crowds with your charming voice, hypnotic dance moves, fascinating impersonations, acting and instrument play-

istered on the database, CC Promotions will pull out all stops in assisting entertainers to be the best that they can be. Registered participants will also get to perform in major events such as charity fairs, cultural shows throughout the country and also events hosted by the Rising Sun Community Newspa-

Interested performers are required to forward a photograph of themselves, their designer wear, group, band or performances, which will be utilized for media coverage on all chosen events. For more information, contact director of CC Promotions, Clive Chetty on

#### **Enjoy 10kms of camaraderie and** unity at the Rising Sun **Chatsworth Freedom Marathon**

Are you and your family wanting to take on a healthier and fitter lifestyle while also having fun bonding and making memories? Then the Rising Sun Chatsworth Athletic Club has you sorted with the exciting 10km race at the annual Rising Sun Chatsworth Freedom Marathon taking place bright and early on the morning of Sunday, April 26, 2020. An encouraging call is being made for the young and old alike to be part of the exhilarating and fun-filled 10km race.

Described as a massive draw card, the 10km race is ideal for unlicensed runners, families, friends, adults and youth- basically, anyone wanting to take on a race that is coupled with a healthy aspect, social cohesion and tons of fun. As always, participants of the 10km race can be assured of an easy and pleasant route, which will allow them to work out those legs while also enjoying some banter with other residents and of course, some good cheering on from the friendly marshals along the way

"This race can be described as one that can be enjoyed with lightheartedness and of course, plenty of smiles. Trust us when we say that it will bring all participants together which is ideal considering that April is observed as Freedom Month in SA. There is no better way to spend your Sunday morning! Take on the 10km race and begin reaping the benefits from the starting line," said officials of the Rising Sun Chatsworth Athletic Club.

Are you interested in participating? Entering is a breeze! Visit www.chatsworthathletic.co.za or www.eventtiming.co.za to register. For more information, contact Dan on 082-877-0400 or Ishara on 084-887-8695.

#### How are you affected by the coronavirus disease?

The coronavirus disease is a reality and has reached South Africa. Sooner or later, the disease may affect us, relatives or friends. Knowledge of the illness and the adoption of precau-



tionary measures minimises the risk of being affected.

Lack of information, fear and anxiety can traumatise individuals especially those who tend to worry excessively or those, who may have symptoms of obsessive-compulsive disorder. The Centers for Disease Control and Prevention in the US state that the following reactions may occur during an infectious disease: • Fear and anxiety about your own health status and that of your loved ones, who may have been exposed to COVID-19.

- Changes in sleep and eating patterns.
- Difficulty in sleeping or concentrating.Worsening of chronic health problems.
- Increased use of alcohol, tobacco or other drugs

The recent Lifebuoy advertisement provides a practical guide in the form of the following acronym- FIGHTS

- Frequent handwashing with soap
- Instant germ protection with alcohol-based hand sanitiser when out of home.
- · Go to the doctor when you have a cold or cough or fever.
- Home rest if you are feeling unwell.
- · Tissues and masks to be used when you cough or sneeze.
- Stay away from raw meat and wild/live farm

**CC Promotions** presents **Premier Chatsworth** Pageant 2020

The Master, Little Miss, Teen Miss, Miss, Mr and Mrs Chatsworth Pageant has been circled on the calendar as one of the most remarkable and highly-recognised pageants in KwaZulu-Natal, which is hosted by CC Promotions. Here is an opportunity for you to showcase your ability in the modeling sector. Lots of prizes to be won. For more information on how to enter the pageant. contact Clive Chetty on 072-127-1570 or on 084-014-6123.

animals Other advice would be not to travel overseas unless you really have to. Avoid being in crowds, minimise on using public transportation and maintain a social distance of at least two metres from others.

From a psychological perspective, responding to COVID-19 may result in secondary traumatic stress reactions

The Center for Disease Control and Prevention suggest the following ways to reduce the trauma

• Acknowledge that secondary traumatic stress reactions can impact anyone helping families after a traumatic event.

 Allow time for you and your family to recover from responding to the outbreak

Create a menu of personal self-care activities that you enjoy, such as spending time with friends and family, exercising or reading a book. Take a break from media coverage of COVID-19.

 Ask for help if you feel overwhelmed or concerned that COVID-19 is affecting your ability to care for your family and others as you did before the outbreak.

People should not discriminate against those you think may have the virus nor should they spread panic and hysteria.



pers.

2:45pm, 4:45pm. Stay connected via WhatsApp on 074-841-5887 or email info@cornerstonekzn.com

# **Events Guide**

THE MOBENI HEIGHTS SAI CENTRE are free of charge. For more information, conholds service every Thursday from 6:30pm to tact Salo Muthan on 074-224-4925. 7:45pm, at the Shree Luxmi Narayan Temple, situated at 49 Greenfern Road, Mobeni Heights, For more information, contact Rakesh Preetum on 072-620-4516.

THE BAYVIEW CIVIC ASSOCIATION will host their annual general meeting of the Bayview Civic Association and Bayview Community Policing Sub-Forum on March 22, at 2pm, at the Bayview Library. Only residents of Bayview are allowed to participate in the meeting. For more information, contact 031 400-6633 or 083-596-2537.

THE SHRI VISHNU TEMPLE, situated at 229 Arena Park Drive, invites residents to their weekly satsangs every Tuesday with Stree Samag from 9:30am to 12pm and satsang from 6:30 pm to 8pm.

THE TAMIL ADVANCEMENT SOCIETY resumed Tamil classes on Wednesday, March 4. Classes are held from 7pm to 8pm at the Seven Hills Primary School, in Road 706. The classes

THE TAMIL ADVANCEMENT SOCIETY will host the biennial general meeting on Sunday, March 29, at the Seven Hills Primary School, at 2pm.

THE GITANJALI MUKHTI DHAAM MANDIR, situated at the corner of Rank Avenue and Silverglen Drive, will conduct Hindi classes every Wednesday, from 6pm to 7:30pm. Weekly satsangh will be held every Tuesday, from 6pm to 7:30pm. The programme includes bhajans and kirtans, recital of Ramayan and Shrimad Bhagwat Geeta. For more information, contact Pundit Ramesh Sharma on 083-521-2620, or Milla Jugdeesh on 073-878-1420.

ated at 80 Arena Park Drive, Arena Park, will conduct Hindi classes every Monday, from 10am to 12pm. For more information, contact Pundit Ramesh Sharma on 083-521-2620.

#### Covid-19 Hotline: 0800-029-999

If you display any signs of the Covid-19 virus, **don't** go to the doctor/pharmacist or nurse and infect everybody in the practice. Call the hotline



Arena

Secondarv School

hosted an annual

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recently. Seen are

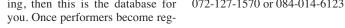
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#### CHINMAYA MISSION OF SOUTH AFRICA

invites you with family and friends to

## Chant RAMA, Enchant RAMA

24 HOURS 9 DAYS NONSTOP 'RAMA-NAAM' 25 March to 2 April 2020

**Chinmaya Mission Durban** 159, Road 703, Montford, Chatsworth 4092, Durban

#### POWER of 'RAMA NAAM'

During the chanting, also attend Evening Talks by Pujya Swami Abhedananda 25 March to 1 April 2020, Daily 6:30 pm - 7:15 pm

To register for chanting, please contact Our office @ 031 401 7915 / Premisha @ 084 875 5942 OR Pavan Maharaj @ 072 298 4828 / 8mi Gauri Chaitanya @ 082 787 1533

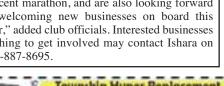


this year's marathon and the Rising Sun Chatsworth Athletic Club team will both be grateful for the magnanimity," said officials of the club, who are proud to once again host this annual sporting event, which has earned itself the reputation of being dubbed as a 'marathon with a difference'. Companies, who came on board for the previous years' marathons, can attest to the fact that they received maximum exposure and appreciation for not only their respective sponsorships but also their sense of social obligation and commitment. "Why not take advantage of this amazing event, which attracts thousands year after year? Businesses have a responsibility to give back and by using this platform, they will not only reap the benefits of making a sponsorship/ donation but also promote healthy lifestyles and fitness. This is a wonderful opportunity indeed. We are so thankful for the businesses, who have

the respective routes

Whichever 'route' they

take, the participants of





20 CAB SLIDERS GRILLS

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Seen is Aurylia with the X-TREME Wash Plus Wax at Township Hyper

#### It's time to shine at **Township Hyper**

Get your car in shape and shining bright with the latest Shield Wash plus Wax X-TREME. It is three-in-one high performance, enhanced cleaning power, advanced wax protection and high gloss shine. This extra value 2 litre pack is on promotion at Township Hyper. This week's auto promotion range includes car mats, screw drivers and dash Sheen. See also great bargains on tools and car accessories in-store. Hand sanitiser in 500ml squirt bottles have just arrived in stock. Township Hyper upstairs department is famous for car body panels, bumpers, mud flaps, bonnets, lamps and windscreens. Windscreens can be fitted while you wait Monday to Saturday. Call them on 031 401-6778.

#### **Goodlife Foundation** humbly requests for donations

The Goodlife Foundation is passionate about assisting and empowering underprivileged residents from disadvantaged communities. The organisation will be observing World Transformation Day on Sunday, April 5, where they will be feeding and entertaining 200 children from shelters and their caregivers. Their aim is to donate goody bags and nutritious meals and make this day a memorable one for the recipients. GLF founder and chairman, Danny Govender, is pleading with members of the public to assist them with donations so they can put smiles on deserving children's faces. "Please help us with your generous contribution to make South Africa proud. We accept donations in cash, EFT and food hampers," said Govender. All food hampers can be delivered directly to Teddy Francois at the Saiva Sithantha Sungam on 37 Derby Street in Durban. For more information on how to donate, contact Danny Govender on 082-569-8300.